

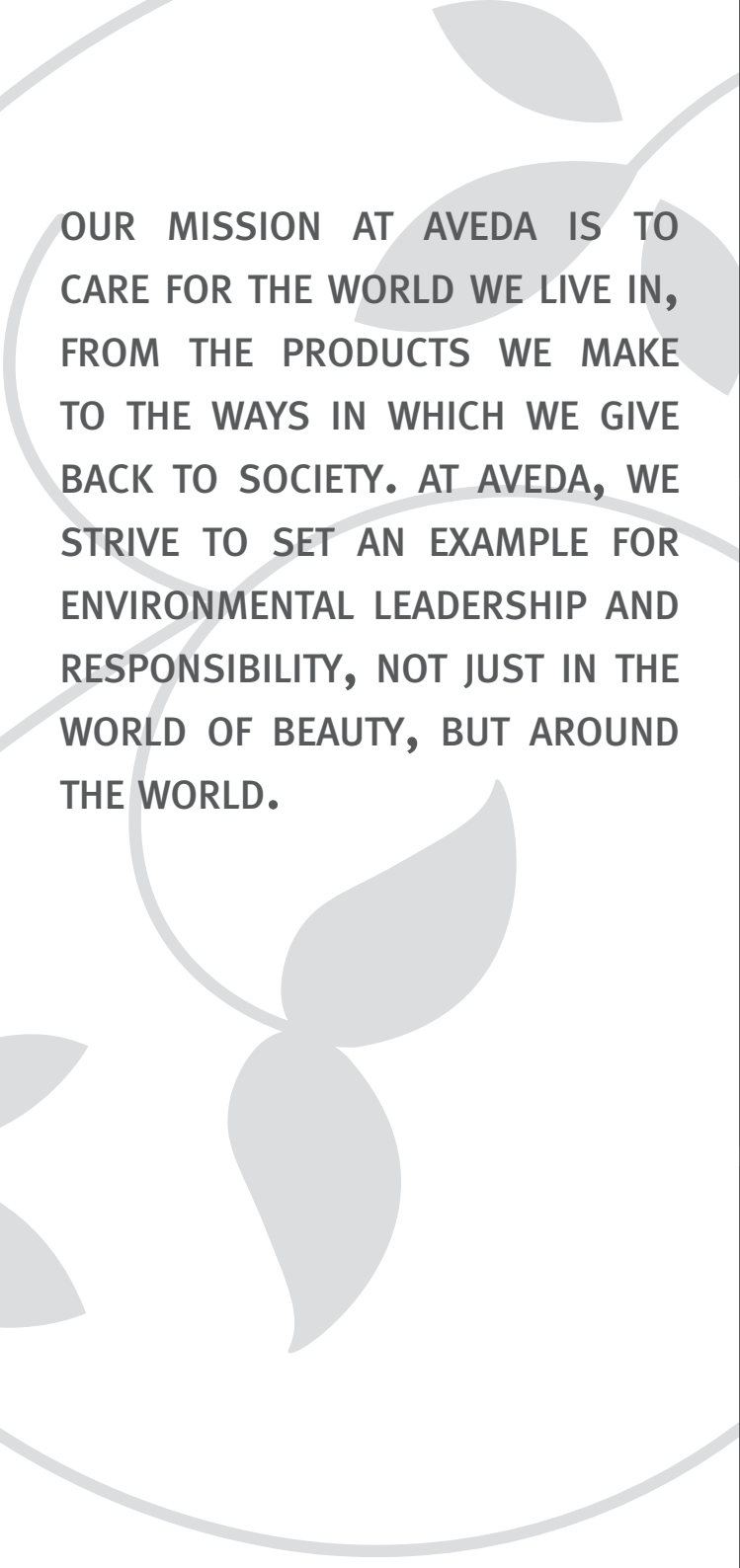
AVEDA

THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES



LIBERTY
LONDON

beauty room
service menu



OUR MISSION AT AVEDA IS TO CARE FOR THE WORLD WE LIVE IN, FROM THE PRODUCTS WE MAKE TO THE WAYS IN WHICH WE GIVE BACK TO SOCIETY. AT AVEDA, WE STRIVE TO SET AN EXAMPLE FOR ENVIRONMENTAL LEADERSHIP AND RESPONSIBILITY, NOT JUST IN THE WORLD OF BEAUTY, BUT AROUND THE WORLD.

What renews your sense of well being?
THE NURTURING TOUCH OF AVEDA SPA THERAPISTS

RESTORE BALANCE

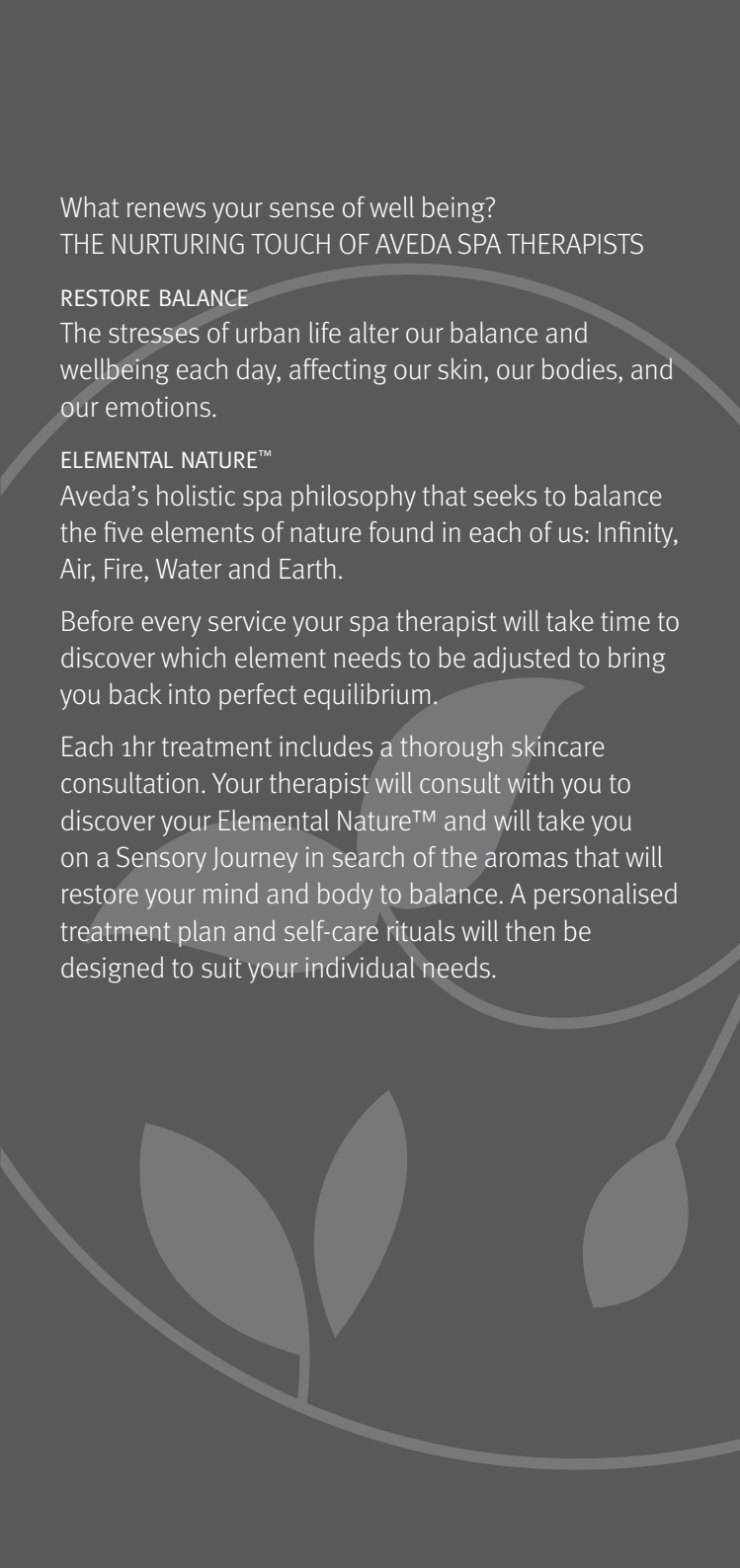
The stresses of urban life alter our balance and wellbeing each day, affecting our skin, our bodies, and our emotions.

ELEMENTAL NATURE™

Aveda's holistic spa philosophy that seeks to balance the five elements of nature found in each of us: Infinity, Air, Fire, Water and Earth.

Before every service your spa therapist will take time to discover which element needs to be adjusted to bring you back into perfect equilibrium.

Each 1hr treatment includes a thorough skincare consultation. Your therapist will consult with you to discover your Elemental Nature™ and will take you on a Sensory Journey in search of the aromas that will restore your mind and body to balance. A personalised treatment plan and self-care rituals will then be designed to suit your individual needs.





facials

Spa Focus Facial

60 mins £60

This is a customised facial based on your specific needs. This facial will leave your skin feeling fresh and renewed. Essential oils and aromas containing pure flower and plant essences are used to re-balance your skin.

Your Therapist will work with you to choose from the following:

Tourmaline Charged Radiance Facial

This treatment uses the power of Aveda's Tourmaline charged products combined with a high-touch approach, proven to leave the skin with a smoother texture and increased radiance.

Calming and Soothing Facial for Sensitive Skin

A calming solution for sensitive skin.

Green Science™ Firming Facial

A combination of Green Science™ products and high-touch skin therapy, to renew the look of the skin. This unique treatment will lift and firm skin's appearance and to reduce the look of fine lines and wrinkles.

Enbrightenment™ Correcting Facial

A combination of the powerful plant technology of the Enbrightenment™ products and high-touch skin therapy to help reduce the appearance of hyper-pigmentation and improve visible skin clarity. This treatment helps to achieve an even skin tone as well as overall skin luminosity.

Outer Peace™ Blemish Relief Facial

A total solution for blemished skin which includes deep cleansing.

Treatment Enhancements

£10

Botanical Skin Refiner

£10

A natural alternative to micro-dermabrasion. This treatment uses the power of Aveda's Tourmaline charged products combined with a high-touch approach, proven to leave the skin with a smoother texture and increased radiance.

Perfecting Plant Peel™

£10

Our Perfecting Plant Peel™ thermal facial masque actively smoothes and re-textures the look of skin by exfoliating dulling skin cells, smoothing the appearance of fine lines and wrinkles, evening the look of skin tone and refining pores to restore youthful radiance to the skin.



body treatments

Deep Cleansing Back Treatment 30 mins £30

A facial for your back that includes deep exfoliation, it will leave your skin feeling revitalised and fresh. Perfect if you are having skin challenges on your back, seasonal skin changes or prior to a special occasion.

Spa Focus Body Treatment 60 mins £60

A customised massage experience to relieve tension and mental stress through a thorough exfoliation of the back to buff away dead skin cells and impurities followed with a massage focusing on the back, neck and shoulders to melt away aches and pains. Your therapist will work with you to choose from the following:

Calming

Aromas of rose and vanilla to calm and soothe the senses.

Caribbean

Aromas of vetiver, bay, lime and amyris to rejuvenate and ground the senses.

Energising

Aromas of ylang ylang and bergamot to balance and revitalise the senses.

Rosemary & Mint

Aromas of rosemary, peppermint, lavender and marjoram to calm the skin but invigorate and awaken the senses.

Stress Fix Body Treatment 60 mins £60

Aveda's NEW Stress-Fix Massage treatment is designed to help reduce the effects of stress by incorporating deep tissue techniques combined with Swedish massage. Reflexology and acupressure points are also stimulated to increase relaxation. The Stress-Fix aroma of lavender, lavandin, clary sage, frankincense and vetiver has been proven to reduce feelings of stress.



tinting*

Eye lash tint	20 mins	£15
Eye brow tint	20 mins	£10
Eye brow & lash tint	30 mins	£20

plant wax hair removal*

Lip and chin	£15
Eye brow wax	£12
Under arm	£15
Bikini	£18
Half leg	£20
Full leg	£30
Half arm	£15
Full arm	£20



manicure*

Aveda Spa Manicure 45 mins £35
This therapeutic treatment revitalises your hands by incorporating shaping, soaking, exfoliation, cuticle-minimising, and massage to the hands and lower arm. Hands are visibly softer and smoother. Treatment includes a nail buff and application of polish.

Speedy file and paint 15 mins £15

pedicure*

Aveda Spa Pedicure 45 mins £35
An essential Aveda spa experience where the feet are thoroughly rejuvenated. Feel the tension releasing with our unique sea salt exfoliation, hot towel booties and relaxing foot and leg pressure point massage. Leave your feet feeling smooth and revitalised and finish off with. Your choice of nail polish to complete the look.

aveda rituals of renewal

We also offer a range of complimentary experiences. Ask an Aveda advisor for more details.

Aveda comforting tea

Stress relieving shoulder massage

Neck and shoulder treatment – a calming wellness experience – that releases tension.

Hand massage

A rejuvenating experience for hard working hands.

Hair care consultation

Let an Aveda advisor guide you to the ideal shampoo, conditioner and styling products to fit your life today.

Skincare ritual

Experience customised skincare as an Aveda advisor recommends the perfect products for your skin's health and well-being.

Make-up finishing touch

Receive three-to-five minutes of personalised advice from our in-store makeup artist.

*Disclaimer – All facials and body treatments are fully redeemable on skincare and bodycare products. All other services are not redeemable on products (waxing, tinting, manicure and pedicure services).

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Gift vouchers are also available.